

To learn the warning signs of Myocarditis, how to protect your loved ones from this horrible disease, or to make a donation to the *For Elysa Foundation*, please visit

**ForElysa.org**



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**You’ve been the recipient of a good deed *For Elysa*!**

Elysa Louise Rojas is a sweet, bright, beautiful little girl who was taken from our Earth far too soon as a result of Viral Myocarditis just weeks before her third birthday. Although Elysa is not physically with us, her caring spirit and love for helping others live on through the mission of her foundation,

The For Elysa Foundation.

**What is Myocarditis?**

Myocarditis is a disease marked by inflammation and damage of the heart muscle. Although the exact incidence of Myocarditis is not known, it is believed that five to 20% of all cases of sudden death in healthy young people is due to Myocarditis.

**Protecting from Myocarditis!**

Currently, there is no test to determine if a person will ever be at risk for developing Myocarditis. A common virus, a simple environmental toxin, or a reaction to even a common medication can all cause the heart to be weakened, which, in the case of Myocarditis, can lead to chronic heart failure or loss of life. Because so little is known about the disease, the best defense is to learn the symptoms (visit [www.myocarditisfoundation.org](http://www.myocarditisfoundation.org) or [www.ForElysa.org](http://www.ForElysa.org) ). If you suspect Myocarditis, get to a hospital immediately for diagnosis by EKG and blood tests indicative of cardiac damage.

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